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Reading Public Schools

Instilling a joy of learning and inspiring the innovative leaders of tomorrow

Allergy Awareness and Snack Policy

August 21, 2019

Dear Parents,

There are students in our school who have severe allergies to peanuts and tree nuts. Strictly avoiding the triggers is the only way to prevent a life-threatening allergic reaction. We are asking your assistance in providing all students with a safe learning environment. At Birch Meadow, students may change classrooms or visit other classrooms to do work. Because of this and to reduce the risk of exposure, all classrooms will be peanut and tree nut free. Tree nuts include, among others: almonds, cashews, hazelnuts, pecans, pistachios, pine nuts and walnuts.

Since snack is eaten in the classroom, your child may not bring foods for snack containing peanuts and tree nuts. Please check labels carefully on items sent into the classroom for snack since many foods may contain traces of these allergens. If your child has eaten peanut/tree nut products prior to coming to school, please be sure that their hands have been washed before entering school. Please review the lunch room protocol for bringing peanut and tree nut products for lunch. We will continue to provide a peanut/tree nut free table for each class along with general seating tables at lunch so that students who bring nut products are not sitting with students who are allergic to these items.

We appreciate your support regarding this matter. If you have any questions, please feel free to contact Peggy Costello at 781-944-2335 Ext 205.

Thank you for your cooperation with this request.

Sincerely,

Peggy Costello RN, BSN
School Nurse

Julia Hendrix
Principal