

# Reading Bi-Weekly Update

## March 9, 2017

### Complete Streets: Crosswalks, Sidewalks, Bike Lanes!



#### **Monday, March 13<sup>th</sup> @ 7:30 PM – Selectmen’s Meeting Room Discussion of Priorities with CPDC & Town Engineer**

‘Complete Streets’ are defined as: *streets that provide safe and accessible options for all travel modes – walking, biking, transit and vehicles – for people of all ages and abilities. Complete Streets improvements may be large scale such as corridor-wide or focused on the needs of a single mode.*

The Complete Streets Funding Program, authorized by the 2014 Transportation Bond Bill, provides funding to Massachusetts municipalities that adopt policies and practices that promote the implementation of Complete Streets. Reading’s Complete Streets Policy was adopted in 2014 and has been approved by MassDOT; the next step is the development of a Prioritization Plan for projects across a 5-year time horizon.

Town staff have compiled available resources and studies, such as: the Town’s sidewalk update schedule, recommendations from the 2005 Regional Bicycle Transportation Plan and the 2014 Bicycle Network and Pedestrian Priority Plan, and have ranked the projects based on location, existing conditions, feasibility, and whether they accommodate an additional travel mode.

The Community Planning and Development Commission (CPDC) will review and discuss the Prioritization Plan at their regularly scheduled meeting on Monday, March 13<sup>th</sup> at 7:30 PM in the Selectmen’s Room at Town Hall. Town staff, including the Town Engineer and Community Development Director, will be at the meeting. Your feedback is welcome!

<http://www.readingma.gov/planning-division/community-planning-and-development-commission/pages/complete-streets-information>

For more information please consult the Community Planning and Development Commission webpage:  
<http://www.readingma.gov/community-planning-and-development-commission>

Please direct comments or questions to Julie Mercier, Community Development Director:  
[jmercier@ci.reading.ma.us](mailto:jmercier@ci.reading.ma.us) or (781) 942-6648.

Town of Reading Elder/Human Services  
**Memory Café**  
 Calendar of Events  
 March 2017- May 2017

<p><b>Monday          March 13<sup>th</sup>          10a-12pm          Reading Public          Library          64 Middlesex Ave</b></p> <p><b>Ice breaker/          refreshments          10:00-10:30</b></p> <p><b>10:30-11:45          Dog Therapy with          Pets and People</b></p> 	<p><b>Monday          April 10<sup>th</sup>          10a-12pm          Reading Public          Library          64 Middlesex Ave</b></p> <p><b>Ice breaker/          refreshments          10:00-10:30</b></p> <p><b>10:30          Drumming music          therapy with          Cornell Coley          (Sponsored by the DKJ          Foundation)</b></p> 	<p><b>Monday          May 8<sup>th</sup>          10a-12pm          Reading Public          Library          64 Middlesex Ave</b></p> <p><b>Ice breaker/          refreshments          10:00-10:30</b></p> <p><b>10:30          Tai Chi          (Sponsored by          Residence at Pearl          Street)</b></p> 
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**Questions? Alyse Warren, RN at (781) 942-6693  
 Kerry Valle, Case Manager at (781) 942-6659**



\* This program is open to family, friends, caregivers and their loved ones of all ages with memory loss. This is not a support group, drop-off, or respite program. *If school is closed due to weather, the memory café will be cancelled\**





### FORR Middle School Cross Country Team



#### **\*REGISTRATION WILL OPEN MARCH 22<sup>nd</sup> FOR THE 2017 FORR MIDDLE SCHOOL CROSS COUNTRY SEASON\***

This program is open to Reading Middle School boys and girls of all running abilities. The season will begin on September 6<sup>th</sup> and run for 9 weeks. Practices will take place on Monday's, Wednesday's and Friday's (from 3:15-4:15pm) at the Birch Meadow fields and there will be 5-6 meets, including several invitational meets.

The primary purpose of the Middle School Cross Country team is to engage young runners that are interested in developing their skills in this sport. Focus will be on proper training, form and technique, core and other strengthening drills and...most of all...having fun!

The 2016 season once again set records for participation. It was capped off with fantastic individual and team performances at the Massachusetts State Championship meet. Additionally, we had a record setting 30 athletes move on and compete in Amherst, NH at the Junior Olympics. Two of those team members qualified to compete in the Region 1 Championships in Saratoga Springs, NY.

Please consider the following when determining whether or not to sign up your student athlete: This season we will field a team of over 100 runners and we expect that we will still have to turn away some due to capacity limits on the program. So please ensure that your child will be able to balance this with their other activities and be able to fully participate. All team members are expected to participate at most practices. Primary meets will be mandatory this season and dates will be provided as soon as possible but no later than the start of the season.

This year's team will once again be run under the direction of Coach Dan Prinic. Coach Prinic brings over 20 years of running experience from middle school to the collegiate level. He has coached newcomers, MIAA All-State qualifiers, collegiate walk-ons and NCAA Division I All-Americans. Coach Prinic is a USATF Level 1 certified coach. He teaches mathematics at Woburn High School, and currently lives and runs in Reading with his wife, Nicole, and two aspiring young runners, Andrew (8) and Nicholas (5).

The registration fee is \$100 and includes a team racing singlet and entry fees to all meets. Team Registration is limited to ensure a quality experience for all runners. We expect to fill up quickly so please register fast! Register online at: <http://www.signmeup.com/119351>.

For questions regarding registration, please contact Pete at [petegc@cargo-transport.com](mailto:petegc@cargo-transport.com). For questions regarding the program details, please contact Coach Dan Prinic at [dan.prinic@gmail.com](mailto:dan.prinic@gmail.com).



**Don't forget to "Spring Forward" your clocks one hour and change the batteries on your smoke alarms this coming Saturday night: March 11th**

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**Questions:** Have questions about all the activity going on around town? Just ask and we will find the answer!

**To subscribe to this Bi-Weekly Update:** Send an email request to [mknight@ci.reading.ma.us](mailto:mknight@ci.reading.ma.us) requesting that you be added to the Bi-Weekly Update.