

# Reading Bi-Weekly Update

## September 7, 2017

# Recovery Month

**Join the Voices for Recovery  
Strengthen Families and Communities**



Every September, the Substance Abuse and Mental Health Services Administration sponsors "Recovery Month" to increase understanding of mental and substance use disorders and celebrate the people who recover. The annual theme for this year's Recovery Month is Join the Voices for Recovery: Strengthen Families and Communities.

**RCASA is hosting a series of special events this month, all open to the public, to celebrate National Recovery Month.**

**RCASA's board hopes to see many community members, particularly parents, at the 9/28/17 Annual Meeting with Keynote Speaker. See below for more details.**

### **September Events:**

**Sun. 9/10/17**- RCASA Recovery Month Booth at the Reading Fall St. Faire

**Mon. 9/18/17**- RCASA Presentation for Reading Rotary Club members at their monthly luncheon event.

**Wed. 9/20/17**- RCASA and Reading/North Reading Chamber of Commerce Breakfast Event for Business Community at Fusion Restaurant, **7:30-9 am**, \$15 for breakfast buffet payable to Reading/North Reading Chamber of Commerce **<http://business.readingreadingchamber.org/events/details/substance-abuse-and-the-workplace-issues-that-affect-all-businesses-72>**

**Wed. 9/20/17-** MA Organization for Addiction & Recovery (MOAR) Boston Celebration, learn more at <http://www.moar-recovery.org/>

**Fri. 9/22/17** and **Sat. 9/23/17-** First Congregational Church (FCC) Leaders & RCASA volunteers will promote handmade "blanket making" through Project Linus. A blanket making booth will be featured at the 2-day Annual FCC Faire.

**Tues 9/26/17-** RCASA will host regional partners of the Mystic Valley Public Health Coalition for the Annual Voices for Recovery & Remembrance Celebration at Reading Memorial High School, **62 Oakland Road, Reading 6-7 pm.**

**Thurs. 9/28/17- RCASA Annual Meeting featuring District Attorney Marian Ryan and Dr. Ruth Potee, Keynote Speaker at RMHS, 7-9 pm**

*District Attorney Ryan is a career prosecutor with significant courtroom experience, having prosecuted many of Middlesex County's most complex and challenging cases. She has been acknowledged for her leadership on the opioid crisis and on developing initiatives aimed at keeping children safe and protecting our seniors.*

*Dr. Ruth Potee is board certified in Family Medicine and Addiction Medicine, she is a physician with Valley Medical Group in Greenfield, providing a full scope of family medicine with special interests in women's health, pediatrics, addiction treatment, psychiatric illness, and pain management. Dr. Potee is nationally recognized for her public speaking style that skillfully blends scientific research with an understanding of the challenges of raising healthy teens. She is an extremely dynamic and sought after speaker who, in response to the ongoing opioid epidemic, has made it her mission to educate the public about the nature of addiction and why it is the only brain disease that is 100% preventable... "It's chemistry, not character".*

For more information on all of the above please visit the RCASA website:

**<https://www.reading.k12.ma.us/community/rcasa/>**

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**Questions:** Have questions about all the activity going on around town? Just ask and we will find the answer!

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