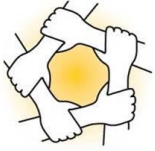


# RCASA Board of Directors Meeting-Oct. 26, 2017



**Reading  
Coalition  
Against  
Substance  
Abuse**

*RCASA's mission is to strategically address our substance abuse problem that youth in Reading, Massachusetts abuse alcohol, prescription drugs, tobacco, and other illegal drugs at unacceptably high rates that emerge early in adolescence, happen frequently, and indicate heavy use. To realize our mission, we will promote a healthy community environment using the strategic prevention framework to ensure everyone who lives, works, or goes to school in Reading can enjoy an optimum quality of life."*

## BOARD MEMBERS

We have interest in board membership from Laura Gemme (Town Clerk/Interested Citizen), Kate Grant (Parent), and Lori Bellino (Riverside)

## SPOTLIGHT

Recovery Month was a great opportunity to reach more residents. Recaps of each event are posted on the RCASA website with links to RCTV Youtube for the Annual Meeting and Chamber Breakfast. We also co-sponsored the Lynn Lyons Strategies for Addressing Anxiety presentation at RMHS on Oct. 17 and reached 300 parents/adults in attendance. This is the most well attended event this year.

## FOCUS

1. Special thanks to everyone that participated in Recovery Month, Reading Embraces Diversity, Parent University and the Lynn Lyons events.
2. Lt. Abate, Beth Lucey, and the RCASA Director continue to participate in the Eastern Middlesex Opioid Task Force. This month's meeting focused on creative approaches to recovery.
3. RCASA participated in the *Mystic Valley Public Health Coalition* meeting on building protective factors through the Developmental Assets Model. <http://www.search-institute.org/content/40-developmental-assets-adolescents-ages-12-18>
4. Board membership renewals and Treasurer's Report review
5. Jams for Jake- Please attend!



The November Board meeting is 11/30/17 from 5:30-6:30pm at Reading Police Department  
The December Board meeting is 12/14/17 from 5:30-6:30pm due to the holidays