Welcome to the 11th Annual Meeting

Reading Coalition Against Substance Abuse
Tonight’s Presenters

Erica McNamara, RCASA Director

Allison Stager, Friends of Jake

Marian Ryan, Middlesex District Attorney

Dr. Ruth Potee
Thank you to our Board of Directors.
OUR COALITION VISION IS...

A SAFE, VIBRANT, AND HEALTHY READING IN WHICH ALL MEMBERS-YOUNG TO OLD-ENGAGE IN MAKING HEALTHY DECISIONS AND ACTIVELY WORK TOGETHER TO ENSURE THAT TODAY’S RESOURCES SHAPE TOMORROW’S STRENGTHS.
LOCAL NORMS THAT IMPACT SUBSTANCE ABUSE

OPPORTUNITY
MOST
CONNECTED
PAUSE

+ Protective

- Negative & Pervasive

ACCESS
GENERATIONAL AMNESIA
FALSE SENSE OF PROTECTION
STYLE OF USE
With grant support, RCASA currently offers educational programs for residents

To address substance use, our staff operates a juvenile diversion program with Reading Police/DA and a Chemical Health Education Program with Reading Memorial High School.
Don’t Miss Warning Signs of Substance Misuse

130 adults in Reading toured the exhibit from 10/17/16-10/19-16

Sponsored by

YMCA

Reading Coalition Against Substance Abuse

Town of Reading Police Department
Rx Round Up Progress

1) Reduce access for teens
2) Prevent child poisonings
3) Protect the environment

1st medication collection program in region
- Established Rx Round Up with Reading Police
- Opened 24/7 drop box in 2009

2.64 tons of Rx diverted from teens & environment
- 27,062 bottles turned in
- 1.2 million pills including 3,432 pounds of narcotics pills destroyed

200 dissolvable pouches disseminated
# Rx bottles collected by year
2009-2016

Drop yours off 24/7 at Reading Police Department
Free to the town of Reading, MA

Resource Information
Provider Referrals

Where can you learn about Mental Health Resources in or near your community?
How can you access Mental Health Services?

Find answers at the William James College INTERFACE Referral Service website: interface.williamjames.edu

Or call the INTERFACE® Helpline at 1-888-244-6843 Monday–Friday 9:00 am–5:00 pm.
Interface Referral Service: 60 local cases (Nov 2016-June 2017)

- 60+ years
- 6-12 years
- 13-17 years
- 18-24 years
- 25-59 years
Interface Referral Service: 60 local cases (Nov 2016-June 2017)

By Presenting Concern

Anxiety: 38
Depression: 25
Family: 18
ADD/ADHD: 13
Social: 12
Behavioral: 11
Bullying: 10
Stress: 8
Substance: 8
Anger: 6
### Interface Referral Service: 60 local cases  
(Nov 2016-June 2017)

#### Others Concerns Upon Intake

<table>
<thead>
<tr>
<th>Abuse/Neglect</th>
<th>Learning Issues</th>
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<tbody>
<tr>
<td>Chronic Absenteeism</td>
<td>End of Life issues</td>
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<tr>
<td>Relationship Violence</td>
<td>Personality Disorders</td>
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<tr>
<td>Trauma</td>
<td>Self injury</td>
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<tr>
<td>Bipolar</td>
<td>Suicidal Ideation</td>
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<tr>
<td>Cognitive Impairment</td>
<td>Veterans Issues</td>
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<td>GLBT Support</td>
<td>Grief</td>
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RCASA Supported RMHS Pilot of School SBIRT

**Screening**

- **No**
  - Healthcare professional reinforces positive behavior

- **Yes**
  - Healthcare professional asks further questions to assess level of use

**Brief Intervention**

- High-risk use

**Referral to Treatment**

- Severe use
Chief Segalla and Supt. Doherty reached out to local healthcare providers to inform them of the increase in nicotine use from vaping, expanded screening, and early intervention opportunities.

Dear Healthcare Providers and Clinicians,

On behalf of the Reading Police Department and Reading Public Schools, we are writing to make you aware of collaborative efforts to reduce youth substance use in Reading. These efforts include the implementation of school substance use screening legislation that may affect your work, school policies and community resources that may benefit your patients.
National Recovery Month

Prevention Works • Treatment is Effective • People Recover

SEPTEMBER 2017

Reading, Massachusetts
JOIN THE VOICES FOR RECOVERY
STRENGTHEN FAMILIES AND COMMUNITIES
National Recovery Month
Prevention Works • Treatment is Effective • People Recover
SEPTEMBER 2017

READING, MASSACHUSETTS
SUBSTANCE ABUSE AND THE WORKPLACE
ISSUES THAT AFFECT ALL BUSINESSES

Reading Coalition Against Substance Abuse

www.reading.k12.ma.us/community/rcasa
Prevention works, treatment is effective & People can and do recover

www.mysticvalleypublichealth.org

“Malden, Medford, Melrose, Reading, Stoneham, Wakefield and Winchester working together to address substance abuse and improve the health of the people of the Mystic Valley.”
JOIN THE VOICES FOR RECOVERY
STRENGTHEN FAMILIES AND COMMUNITIES
OCTOBER 29 2017

JAMS FOR JAKE

INTERESTED IN SPONSORING, DONATING, OR VOLUNTEERING?

EMAIL: JAMSFORJAKE@GMAIL.COM

A MUSIC EVENT TO COMMEMORATE LOVED ONES, RAISE ADDICTION AWARENESS, AND CELEBRATE COMMUNITY

READING MA SYMONDS FIELD • GATES OPEN 11 AM
Marian Ryan
Special Guest
The Middlesex District Attorney's Office & Project Linus will disseminate homemade blankets to Reading Police officers that encounter children that experience opioid-related trauma including witnessing an overdose.
Our local police responded to 20 opioid-involved overdoses since January 1, 2017.

An additional 120 overdoses were handled by police in 5 nearby communities in the same time-frame.
Thank you!

Old South United Methodist Church
Forming disciples; transforming the world.

Olde Redding Faire
Fri., Sept. 22, 5-8; Sat., Sept. 23, 10-2
61st Annual
JOIN THE VOICES FOR RECOVERY
STRENGTHEN FAMILIES AND COMMUNITIES