

RCASA Board of Directors



June 29, 2017

Call the meeting to order

“RCASA’s mission is to strategically address our substance abuse problem that youth in Reading, Massachusetts abuse alcohol, prescription drugs, tobacco, and other illegal drugs at unacceptably high rates that emerge early in adolescence, happen frequently, and indicate heavy use. To realize our mission, we will promote a healthy community environment using the strategic prevention framework to ensure everyone who lives, works, or goes to school in Reading can enjoy an optimum quality of life.”

CELEBRATE

The [annual theme](#) for this year’s Recovery Month is **Join the Voices for Recovery: Strengthen Families and Communities**. RCASA will coordinate a variety of recovery month events in September with the Board and our regional partners. Every Sept, SAMHSA sponsors Recovery Month to increase understanding of mental, and substance use disorders and celebrate the people who recover.

Focus Items

1. Welcome to new members
2. September Recovery Month Planning
 - Recovery Month Booth at Fall St. Faire on 9/10 (volunteers needed)
 - Rotary presentation on 9/18
 - Chamber breakfast on 9/20
 - MA Organization for Addiction & Recovery (MOAR) Celebration in Boston on 9/20
 - RCASA to host regional partners of Mystic Valley Public Health Coalition for the Annual Candlelight Vigil and Recovery Celebration on 9/26
 - RCASA Annual Meeting featuring DA Ryan and Dr. Potee on 9/28
 - Church projects including Prayers for those that have passed; Project Linus blankets, and Anti-Stigma Promotion.
 - Taped segments on RCASA/Schools will be featured on RPS Today (Hosted by Sherri) on RCTV
 - RCASA Board Members articles on different suggested topics (Joanne Senders, Editor)
 - John (prevention/intervention in schools)
 - Sherri (recovery/family/stigma/women)
 - Ellen (women’s perspective on 12-step support)
 - Rich (community support in recovery including housing and employment)
 - Garrett (Cycle of relapse)

Save the date

Next Board meeting is August 31, 2017 at 5:30pm at Reading Police Dept. community room.