



PRESS RELEASE

Reading Coalition...improving community collaboration and reducing substance abuse since 2006

Doc Wayne: An Exciting Youth Therapeutic Program Comes to Reading

Released February 1, 2021

The Reading Coalition for Prevention & Support has partnered with [Doc Wayne](#) to bring an exciting youth therapeutic program to Reading students ages 5-18. If you are looking for individual therapy for your child or are interested in learning more about group therapy, please join Doc Wayne and the Reading Coalition for a virtual information session.

Sessions will be hosted on:

- Tuesday February 2nd, 7:00-7:30PM:

<https://us02web.zoom.us/j/83625231000?pwd=dk5PMWIPZVJzdHdudjYzOEFqZjRIUT09>

- Thursday February 4th, 12:00-12:30PM:

<https://us02web.zoom.us/j/81745519753?pwd=OGViZG1ucFpEVUU3Q0ZtWVY0MmJIQT09>

Using a theoretical curriculum, which incorporates social-emotional learning and life skills, Doc Wayne offers innovative mental health programming. In addition to traditional individual therapy, Doc Wayne offers unique group therapeutic programs. Through these groups students:

- Have the opportunity and needed supports to become resilient and regulated individuals with positive adult and peer relationships
- Create positive relationships with teammates, friends, and family members
- Become confident and competent members of their schools and larger communities
- Achieve their highest level of academic success

All of Doc Wayne's programming is being offered via telehealth due to COVID-19. Contact Samantha Salkin, Outreach Coordinator for more information at ssalkin@ci.reading.ma.us

Erica McNamara, MPH, Director
781.942.6793/ emcnamara@ci.reading.ma.us
www.reading.k12.ma.us/community/readingcoalition
15 Union Street Reading, MA 01867