



Board Agenda and Notes for Virtual Meeting hosted by Sammy Salkin on March 25, 2020 via Zoom

1. Erica is out for medical reasons, but sends her best
2. Thank town leaders and first responders for their hard work and dedication to the community
3. Brief meeting – few updates
 - a. Updates
 - i. We met with a cessation specialist, beginning work on coming up with a vaping cessation support plan for students
 - ii. Sammy attended Project Here Substance Use Educator’s Summit at Simmons University to learn about a new toolkit that the AG’s office and HRA has rolled out
 - iii. Sharing resources – Sammy lead presentation on the intersection of DV and SUD to the Wakefield and Winchester Coalitions
 - iv. Erica has been continuing to work on synthesizing data collected for the federal grant as well as YRBS data so we can figure out how to best use this information to inform our next steps. More on that to come.
 - b. CIT update
 - i. Outreach is continuing, Officer O’Shaughnessy and Sammy are working remotely
 - c. Resource guide
 - i. Created in partnership with Mystic Valley Public Health Coalition
 - ii. Has resources for:
 1. Substance use disorder treatment and support
 - a. Find treatment options
 - b. Virtual/phone-based AA/NA meetings
 - c. Family support groups
 2. Mental health treatment and support
 - a. Mental health support hotlines
 - b. Find treatment options
 - c. Support groups
 3. Coping with stress and anxiety
 4. Talking with children about COVID-19
 5. Food access
 6. Domestic violence
 7. Elder services
 8. Veterans services
 - iii. Posted on website, facebook and twitter
 - iv. Updating regularly as services available change
 - v. Please help us get the guide to anyone in the community who may need it
 - d. Website – we will be updating it regularly with information on COVID-19
4. Erica and Sammy are working remotely but are available if you need anything or have questions

Attendance: Sammy Salkin, LT Rich Abate, Matt Vatcher, Brian Lewis, John Doherty, Julie DeAngelis, Linda Snow-Dockers, Kevin Sexton, Brian Snell