



Center on the  
**Social and Emotional  
Foundations for Early Learning**

## **Positive Solutions for Families**

### **Free Training: A Six Session Series**

All welcome at all sessions  
Miss one? No Problem!  
Each session will have different take-aways for  
parenting tips & tricks!

**Trainings will be at Reading Memorial High School in the  
Superintendent's Conference Room**

**We will have TWO sessions per day.  
8:15am-9:45am & 11:45am-1:15pm**

**Session 1:** Friday November 1st

**Session 2:** Friday November 8th

**Session 3:** Friday November 15th

**Session 4:** Tuesday November 19th

**Session 5:** Tuesday December 3rd

**Session 6:** Tuesday December 10th

To Register Please Email:

Lauren Sabella,

Behavioral Health Coach

[Lauren.Sabella@Reading.K12.  
MA.US](mailto:Lauren.Sabella@Reading.K12.MA.US)



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## **Session 1: Making a Connection**

*Understanding the core of the pyramid model. Learn how to build a strong foundation by strengthening your relationship with your child to improve behaviors.*

## **Session 2: Making it Happen**

*Learn about the power of play. Learn strategies to promote learning through play and how to increase your child's social skills with peers.*

## **Session 3: Why do Children Do What They Do?**

*Learn about why tantrums happen. Learn how to prevent tantrums and set appropriate expectations.*

## **Session 4: Teach Me What To Do!**

Learn about emotional regulation. Teach your child problem solving with Tucker Turtle!

## **Session 5 & 6: Facing The Challenge Part 1 & 2**

Learn what to do using real life examples of challenge behavior. Learn how to respond, and how to prevent it in