

John F. Doherty, Ed. D.  
Superintendent of Schools

82 Oakland Road  
Reading, MA 01867  
Phone: 781-944-5800  
Fax: 781-942-9149



Mary M. Giuliana, R.N., B.S.N.  
Director of Nurses

62 Oakland Road  
Reading, MA 01867  
Phone: 781-942-9140  
Fax: 781-942-5435

# Reading Public Schools

*Instilling a joy of learning and inspiring the innovative leaders of tomorrow*

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Dear Parents/Guardians,

Hand washing is one of the most effective ways to prevent the spread of COVID-19 and other illnesses. When students return to school, they will be asked to wash their hands throughout the school day to help keep themselves and others healthy. Hand washing is the preferred method for removing germs, however, soap and water may not always be readily available. When hand washing is not possible, students will be asked to use hand sanitizer at school; alcohol-based hand sanitizers work by killing certain germs that “sit” on the skin.

Hand sanitizers are considered over the counter (OTC) medications. This letter is to notify you that you may opt your child out of using hand sanitizer at school. If you **DO NOT** want your child to use hand sanitizer during the school day, please email or send a paper copy of the sentence below to your child’s school nurse by **October 2, 2020**.

**I DO NOT want my child, \_\_\_\_\_, to use hand sanitizer during the school day.**

**If you consent to having your student use hand sanitizer at school, no further action is necessary.**

Sincerely,

Mary Giuliana, RN BSN  
Director of School Health Services  
Reading Public Schools