

ALLERGY ACTION PLAN

Child's Photo

GUIDELINES FOR EPIPEN USE FOR SEVERE ALLERGIC REACTION

STUDENT:

ALLERGY:

DOB:

GRADE/ Homeroom

ASTHMA?:

EMERGENCY PHONE NUMBERS

Ambulance: 9-911

Preferred Hospital:

Physician:

Parent/Guardian:

Parent/Guardian:

EMERGENCY CONTACTS:

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MANAGEMENT OF SEVERE ALLERGIC REACTION/ANAPHYLAXIS

Symptoms of severe allergic reaction may include the following;

Respiratory distress, throat feels tight, wheezing, shortness of breath, cyanosis, coughing, and difficulty in swallowing.

Diffuse hives or itching

Swelling, especially of face; flushing

Signoff shock (i.e. thready pulse, fall in blood pressure); fainting; apprehension

Vomiting, tingling of mouth-especially with food allergy

If allergic reaction caused by stinging insect:

Remove Stinger

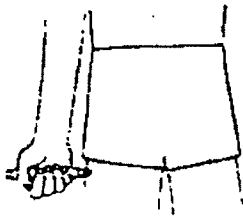
Apply ice pack to area

EPIPEN AND EPIPEN JR. DIRECTIONS

1. Pull off activation cap.



2. Hold orange/red tip near outer thigh (always apply to thigh).



3. Swing and jab firmly into outer thigh until Auto-Injector mechanism functions. Hold in place and count to 10. The autoinjector unit should then be removed and taken with you to the Emergency Room. Massage the injection area for 10 seconds.
4. Call 911, activate EMS.